

Imagine...

...reaching your goals fast
...achieving exceptional results
...and doesn't even feel like exercise
...that's 'Game On'

We cater for all fitness levels
lounge lizards to fitness fanatics

Next Course Starts:

Call today and ask about our
100% money back guarantee

5443 6611 type it in your mobile & call now
or George direct 0421 900 560

1st of it's kind
in the fitness industry
unique style of fitness
program that's all
fun based

gameonfitness.com.au



Fitness Evolution Aust Pty Ltd - 1st floor 55 The Esplanade, Maroochydore QLD 4558 -

Everyday People Achieving Extraordinary Results!



No matter if you're in your twenties, thirties, forties or even fifties you will love this experience...although be warned it is very addictive :) Go ahead and give it a shot, you'll thank yourself if you do.
Adrian Wilson - Creative Concepts



The best thing about Game On training is that the workouts are intense, yet it never feels like work because it's so team-focused and fun. Exercise for its own sake is boring for many people, but with the Game On style of training you have realistic team scenarios to make it enjoyable and purposeful, with a strong sense of mateship and support within the group that I've never seen in any other kind of fitness class. **Livio Regano** - Meteorologist & Weather Presenter Channel 7 News



I have never had so much fun getting fit!!! I found working as a team, with people from all walks of life, took my mind off how hard I was really working. This showed in my results from the fitness tests. To accomplish all sorts of 'missions' at the most beautiful part of the day, had an awesome impact on the rest of my day. I felt like I had achieved so much before I had even gone to work. I was pumped - not only was I ready to take on the physical challenge but it improved my mental attitude as well.
Vanessa Nock - Jeweller & Designer - Underwood



Being a mother of two, wife, working full time, cooking, cleaning and doing all the domestic duties that a mother performs in her daily life; I had lost any motivation to do anything for myself. Gradually the weight increased, fitness level dropped greatly, and I was constantly getting sick. I had many failed attempts at diet fads, gyms, personal trainers, morning and evening walks. BORING!!!!!! I've found that this program is the BEST way to achieve results, (I lost inches and weight and improved my fitness) have some fun, meet people and gain back me. You will achieve results, get your identity back and you might even surprise yourself. I DID. **Joyce Bogaart** - Pelican Waters



My strength & fitness have improved & weight loss is a given. This program is run with an air of professionalism, is non-intimidating, & played with a great group of people. I recommend it to all - young, old, fat, thin, fit or unfit. Just do it! **Linda Earle** - Buddina QLD



Fitness Evolution has turned this lounge lizard into a fitness fan. I've never had so much fun exercising and the results are great. It's a fantastic way to get motivated and to have a lot of laughs while you're at it! **Leah Burke** - Chief Chocoholic (Chocolate Petal)



I was asked by a colleague of mine to come along and join the 'evolution', and at first, I was a little reluctant. I'm now a fitness enthusiast and having an awesome time. What a fantastic concept of fitness and fun cleverly put together by **George**. I recommend it thoroughly to all!
John Handley - Business Owner



I had such a great time that I just wanted to do more and more, and my body shape has changed and my fitness level has increased immensely!! I enjoy the "missions" and games as they take your mind off the fact that I'm exercising. **Fitness Evolution** fosters a great team spirit where everyone is encouraged to reach outside their "comfort zone" and achieve real results. This style of training is great for those who lack the motivation to exercise on their own. My experience thus far has given me great personal results and I have made some great friends along the way. I highly recommend it!!
Cindy Nisbet - Structural Draftsperson